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Appendix A ........................................................................ Matthew: A Manual on Discipleship
   A twelve week training manual on discipleship based on the book of Matthew
INTRODUCTION

Bringing together recent scholarship on the book of Matthew, two editors comment that “Matthew’s Gospel has been read variously as a catechism, a lectionary, an administrative manual, or an apologetic or polemical treatise” (Bauer and Powell 1996:6). While the reading of Matthew can produce a host of meanings, several central themes seem to emerge from the evangelist’s perspective.

Recently, one of those perspectives views Matthew as a “manual on discipleship.” Matthew does this by structuring his gospel around the Great Commission to “make disciples.”

Matthew has emphasized the goal of the believers’ life of faith through the discipleship stories directed to the maqhtai. Matthew’s gospel is at least in part a manual on discipleship. With all of the major discourses directed at least in part to the maqhtai, with the term arranged in such a way that most sayings directed to the disciples have become teachings on discipleship, with the positive yet realistic enhancement of the picture of the disciples, and with disciples called and trained and commissioned to carry out the climactic mandate to ‘make disciples’ in the conclusion of the gospel, Matthew has constructed a gospel that will equip the disciples in the making of disciples (Wilkins 1988:172).

This paper will explore the gospel of Matthew to understand in just what way this New Testament book can yield principles on discipleship. The first chapter will contrast the fragmenting of the text which occurs under radaction criticism with the integration of the whole under narrative criticism in its dealing with the Matthaen materials.

More than any other text in the bible, Matthew’s ‘Great Commission’ has been used to inspire and shape missionary outreach. This text has often been lifted out of its context within the book of Matthew and the rest of Scripture and has been subject to either limited or wrong understandings. The second chapter explores how the
Great Commission can be linked to both its immediate Matthaen context and the rest of the bible.

It has long been recognized that Matthew is a meticulous writer who has closely knit the various parts together into a united whole. The third chapter will outline how to Matthew’s structure can be understood from the viewpoint of a new Pentateuch, chiasm and superscription.

Chapter four looks at how Matthew establishes the important claim of the authority of Jesus. If we are to understand the basis of Christ’s authority at the end of the gospel of Matthew, then a study must be made of how this authority is defined and developed within the gospel itself.

The fifth chapter explores the positive turning towards the discipling of the nations that comes as a result of the universal authority given to Jesus after the resurrection. Any consideration of the central term in the Great Commission to “make disciples” must encompass the discipling of Jesus; the discipling of the Twelve and the discipling of the nations.

In the book of Matthew disciples are made through the process of baptizing and teaching. The Matthaen understanding of these two themes will be studied in chapter six. Special emphasis will be given to understand the relationship between the teaching of the five major discourses and how the surrounding narratives illustrate them.

“And surely I am with you always, to the very end of the age” (28:20) are the final words of the Great Commission and the book of Matthew. How this text applies to the making of disciples in our day will be explored in chapter seven. The study will end with a final section of summation and conclusions. It is my hope and prayer that the important task of making disciples will be more properly understood and practiced as a result of this study.
CHAPTER 2
THE GREAT COMMISSION

During the last two centuries, the Protestant missionary enterprise has probably appealed to Matthew’s ‘Great Commission’ more than any other text in order to inspire and shape its outreach to people across the globe. Countless mission conferences and speakers have used all or part of the Great Commission in slogan, song and word to propel the church forward into distant mission lands.

This modern use of the Great Commission seems in part to reflect why the gospel of Matthew was originally written. Although it is difficult to understand the total historical environment which guided Matthew to write his gospel, it is generally accepted that “Matthew wrote as a Jew to a predominantly Jewish Christian community” (Bosch 1997:55). Bosch goes on to say that, “the entire purpose of his writing was to nudge his community toward a missionary involvement with its environment” (1997:55).

While a qualification of Matthew’s purpose for writing his gospel might be in order, there is no doubt that the construction of the gospel and the phrasing of the Great Commission were meant to inspire God’s church to become involved in missionary work from apostolic times to the final consummation.

While the Great Commission has been in the past one of the most cited missionary texts in the Bible, “the appeal to the ‘Great Commission’ usually took no account of the fact that this pericope cannot be properly understood in isolation from the gospel of Matthew as a whole” (Bosch 1997:55).

Blauw echoes and broadens the concern of Bosch of isolating the Great Commission from the entire Bible when he states: “Mission was formerly based a little too one-sidedly and (even) almost exclusively on this ‘great commission.’ But the fault
lay not in the fact that mission was based on this declaration, but in the fact that Matt. 29:18-20 was isolated from the whole of the Biblical witness” (1962:85-86).

Perhaps since the Great Commission is one of the richest pericope’s of the Bible, the church did not feel a need to go beyond the precious ore that was enfolded within its borders. Could it be that the richness of the verses were not meant to stop the reader but rather were meant to propel the church beyond these headwaters to the verdant valleys which are fed by the words, “go,” “make disciples” “baptize,” and “teach”?

If we are to deepen our understanding of these wonderful verses then: “It is inadmissible to lift these words out of Matthew’s gospel, as it were, allow them a life of their own, and understand them without any reference to the context in which they first appeared (Bosch 1997:57). The next two sections will attempt to place the Great Commission in the context of the gospel of Matthew and the rest of Scripture.

**The Great Commission in Matthew**

In the above section it was briefly noted that the Great Commission has all too often been divorced from the rest of the gospel of Matthew. The Great Commission itself is part of a larger whole which begins with the two contrasting interactions with Pilate concerning the burial of Jesus by Joseph on the Preparation Day (27:55-61) and the Pharisees on the Sabbath (27:62-66).

The parallels between the two groups are again set forth in the resurrection of Jesus. In 28:1-10 the women are instructed first by the angels and then by Jesus to go and give the disciples the true report about the resurrection. In 28:11 the Pharisees use bribery to influence the guards to go and spread a false report of the resurrection.

The Great Commission itself is linked in two very important ways to these preceding verses by the transition verse in 28:16. While most of the disciples positively respond to the report of the women by going to the mountain in Galilee in order to receive the great commission from Jesus, some of the disciples doubted.
Matthew without question wants to link these doubting disciples to the attempts by the Pharisees (through their disciples the soldiers) to discredit the resurrection which in turn would destroy the very foundation of the Great Commission itself. Whereas the gospel of John uses the story of Thomas to reflect the struggles of present and future communities of faith to believe in the resurrection, Matthew takes the Pharisees commissioning of the soldiers to spread a false report as the context in which the church must operate in the present and in the future.

That is to say, as a result of the resurrection of Jesus a true and a false report has been and will continue to be given. Whereas in Matthew’s day the fact of the resurrection might have been clouded by gnosticism, the secularism and higher critical theories have cast doubt on the resurrection and by extension on the Great Commission itself. Table one gives a summation of the immediate context.

**TABLE 1**

**THE IMMEDIATE CONTEXT OF THE GREAT COMMISSION**

<table>
<thead>
<tr>
<th>Time</th>
<th>Pharisees/Chief Priests</th>
<th>Women/Disciples</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>The Pharisees came from Jerusalem</td>
<td>The women came from Galilee.</td>
</tr>
<tr>
<td>The Preparation Day</td>
<td>The Pharisees go to Pilate and ask for the death of Jesus.</td>
<td>Joseph goes to Pilate and asks for the body of Jesus.</td>
</tr>
<tr>
<td>Sabbath</td>
<td>The Pharisees go to Pilate and ask that the body of Jesus be secured by a guard.</td>
<td>The women rest by faith on the Sabbath as Jesus sleeps in the grave.</td>
</tr>
<tr>
<td>Sunday</td>
<td>The Pharisees instruct the guards to go and spread a false report of the resurrection.</td>
<td>Jesus instructs the women to go and tell the disciples about the true report of the resurrection.</td>
</tr>
<tr>
<td>The First Day of the Week</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Forty Days Later and Beyond</td>
<td>The story of a false resurrection widely spread among the Jews “to this day.” Some doubt Jesus.</td>
<td>The story of the true resurrection spread to all the world “to the very end of the age.”</td>
</tr>
</tbody>
</table>
Within this framework, Chuck Van Engen has recognized that the Great Commission is actually part of three commissions within the final verses of Matthew. His findings are summarized in the adapted table below.

### TABLE 2

**THE THREE COMMISSIONS**

*(Adapted from Van Engen 1996:117)*

<table>
<thead>
<tr>
<th>Aspect</th>
<th>To the Women</th>
<th>To the Guards</th>
<th>To the Disciples</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commission</td>
<td>Go and Tell the Good News About the Resurrection</td>
<td>Go and Tell a Lie About the Resurrection</td>
<td>Go and Make Disciples of all Nations</td>
</tr>
<tr>
<td>Authority</td>
<td>Angels, The Risen Lord</td>
<td>The Jewish Leaders</td>
<td>The Universal Rule of Jesus</td>
</tr>
<tr>
<td>Motivation</td>
<td>Fear and Joy</td>
<td>Greed and Money</td>
<td>The Transferred Apostolate</td>
</tr>
<tr>
<td>Message</td>
<td>He is Risen</td>
<td>He is Dead</td>
<td>His is Alive, He is Lord</td>
</tr>
<tr>
<td>Goal</td>
<td>Send Disciples to Galilee</td>
<td>Maintain Control</td>
<td>Send Disciples to the World</td>
</tr>
<tr>
<td>Result</td>
<td>Encounter in Galilee</td>
<td>Lie was Told</td>
<td>Disciples Were Made <em>(Acts)</em></td>
</tr>
<tr>
<td>Promise</td>
<td>You Will see Jesus</td>
<td>We Will Cover You</td>
<td>I Will be With You to the End of the Earth.</td>
</tr>
</tbody>
</table>

One of the primary interpreting principles of hermeneutics is to understand the part in terms of the whole and the whole in term of the part. This “hermeneutical circle” in Matthew must then spiral between “the part” (the Great Commission along with its immediate context) and “the whole” (the rest of the gospel and Scripture).
This part/whole relationship has been noted by scholars today who, “agree that the entire gospel points to these final verses: all the threads woven into the fabric of Matthew, from chapter 1 onward, draw together here” (Bosch 1997:57).

That is to say, if we are to discover the meaning of the major themes in the Great Commission, then we must understand how these seminal thoughts are defined, developed and synthesized within the book of Matthew. Conversely, the commission itself can also serves “as a lens through which Matthew’s understanding of the disciples’ mission may be viewed” (Harvey 1998:129).

With this relationship between the commission and the gospel in mind, what then is the primary focus of the Book of Matthew? If the Great Commission deals primarily with mission, then can it be said that the book of Matthew is “essentially a missionary text” (Bosch 1997:57)?

There seems to be little doubt that the church’s and disciple’s work is clearly a major theme in both the ending commission and the entire gospel. John R. W. Stott makes a most insightful statement when he says: “the Gospel of Matthew begins with the coming of Gentile strangers to worship the infant Christ; it concludes with the sending out of believers to win the Gentile world” (Stott: 1968:11).

At the beginning of the gospel of Matthew, God uses Magi from the east who are guided by a star (2:7), Jewish teachers of the law (2:4-6) and a dream (2:12) in order to find the Messiah and escape from Herod. In contrast, at the end of the gospel of Matthew, the Lord not only uses supernatural signs (28:2, an earthquake) and messages (28:5, an angel), but faithful women who act as the Risen Lord’s commissioned agents to go and tell His disciples of His resurrection.

Therefore the fruit of Jesus’ ministry is evidenced by the presence of discipled men and women who are now privileged and empowered to carry out the work of angels to spread the good news of the Messiah King. Between the story of the Magi and the Great Commission are teachings and stories which dramatically tell just how the Lord gathered and trained His disciples. In analyzing the message of Matthew from the literary/narrative school, Dorothy Wilkins has concluded:
The disciples obviously knew the process through which Jesus had taken them, and what he had taught them, but if the open-ended nature of the commission was to retain its force (ews ths sunteleias aiwnos) then a manual on discipleship was needed for other maqhtai to carry out the mandate. Placed at this climactic conclusion to his gospel, the mandate could very well be an indication of a central purpose in Matthew’s Tendenz (Wilkins 1988:162).

The next section will cover how the Great Commission can be understood in the wider context of both the Old and New Testaments.

The Great Commission in Scripture

In the early 1960s Johannes Blauw wrote a book entitled, The Missionary Nature of the Church, which was commissioned by the World Council of Churches to survey and appraise the recent work in Biblical theology about the nature and necessity of the Church’s mission to the world. He begins his survey by saying: “When the question of the basis and meaning of the mission of the Church to all the nations is raised, the Old Testament can neither be by-passed nor referred to merely by way of introduction” (1962:15).

He comments that the older literature on the Biblical theology of mission in the Old Testament is “constantly disappointing” (Blauw 1962:15). In an obvious critique of the historicist school Blauw insightfully observes, “For years Old Testament criticism was, with few exceptions, more impressed by the dependence of the Old Testament on its environment than by its special vocation in the midst of this environment” (Blauw 1962:15).

Blauw’s thesis is that the basic message of the Old Testament is universal and not missionary in nature. God’s universal concern is demonstrated by the opening chapters of the Book of Genesis where the Lord deals with the nations as a whole in the stories of the flood and the Tower of Babel.

Within this context of God’s concern of all people, He establishes a universal covenant with Abraham by promising him that “in you all the families of the earth will be blessed” (Gen. 12:3). This blessing occurs within the story of God’s ongoing care for the nations who have rebelled against Him.
Here it becomes clear that the whole history of Israel is nothing but the continuation of God’s dealings with the nations, and that therefore the history of Israel is only to be understood from the unsolved problem of the relation of God to the nations (Blauw 1962:19).

In this context of God’s universal concern for the nations, “the election of Israel is a matter of divine initiative which has as its goal the recognition of God by all nations over the whole world. The way to this goal is the theocracy of Israel; the means is Israel’s separation from the other peoples.” (Blauw 1962:24).

However, this separation of Israel to become the People of God was never meant to isolate but rather to foster the centripetal movement of the nations to God’s people, city and sanctuary. It is not until the Great Commission of Matt. 28:18-20 that the centrifugal aspect of God’s universal concern for the nations is expressed in a command to reach the nations: “For it cannot be denied that here, and for the first time, the commission is given to go out among the nations” (Blauw 1962:86).

The Great Commission emphasizes the universal lordship of the Risen Christ by using the word “all” four times. Jesus has been given all authority, the disciples are to do all He has commanded, they are to go out to all the nations and He would be with them always, (Greek: all the days). “The proclamation of the Gospel is thus the proclamation of the Lordship of Christ among the nations” (Blauw 1962:84).

The Great Commission expresses the continuity of God’s universal concern which began in the Book of Genesis. It also signals a clear methodological break between the centripetal motion inherent in the gathering of the nations to Israel and the centrifugal motion of the disciples being scattered to make disciples of the nations. A further link between the Great Commission and the Old Testament is found in the covenantal formula. M.G. Kline states:

“The incorporation of disciples into the jurisdiction of the New Covenant by baptismal confession of Jesus Christ as Lord is in clear continuity with the tradition of the initiatory oath of allegiance found in Old Testament covenantal engagements (and their extra-biblical counterparts) (1968:80).
Grounded in the ancient Hittite suzereain-vassal treaties, the three elements of preamble, demand and promise were basic to both the universal covenants and the ones given to Israel. A table illustrating this basic form is given below:

**TABLE 3**

**GOD’S COVENANTS IN THE BIBLE**
(Adapted from De Ridder 1979:178)

<table>
<thead>
<tr>
<th></th>
<th>Universal Covenant</th>
<th>Israel’s Covenant</th>
<th>Universal Covenant</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Preamble</strong></td>
<td>Genesis 12</td>
<td>Genesis 17</td>
<td>Matthew 28</td>
</tr>
<tr>
<td><strong>Demand</strong></td>
<td>The LORD (Yahweh) said</td>
<td>I am God Almighty</td>
<td>All power has been given to me in heaven and earth.</td>
</tr>
<tr>
<td></td>
<td>Go from your country and your kindred and your father’s house . . . (Go) to the land that I will show you.</td>
<td>Walk before me and be blameless.</td>
<td>When you go, make disciples of all nations . . . baptizing . . . teaching all that I have commanded you.</td>
</tr>
<tr>
<td><strong>Promise</strong></td>
<td>I will make you a great nation . . . I will bless you . . . I will make your name great. . . . I will bless/curse those who bless/curse you.</td>
<td>I will establish my covenant . . . to be a God to you and to your descendants . . . I will give to you the land of your sojournings.</td>
<td>I am with you always, to the end of the age.</td>
</tr>
</tbody>
</table>

In the New Testament, Matthew’s Great Commission can be compared to the other commissions found in the gospels and the Book of Acts. While they may reflect the same basic form they have different emphasis. “Blauw has pointed out that in all the Gospels the command of Christ is concerned with authority: Matthew emphasizes royal authority (28:18-20), Mark, liberating authority (16:15-18), Luke, forgiving authority (28:44-53); John emphasizes the
continuity between Jesus and those sent (20:21)” (De Ridder 1975:183). A table of comparison is given below.

**TABLE 4**

**THE NEW TESTAMENT COMMISSIONS**

(Adapted from Harvey 1998:46)

<table>
<thead>
<tr>
<th></th>
<th>Mt. 28:18-20</th>
<th>Mk. 16:15-18</th>
<th>Lk. 24:46-49</th>
<th>Jn. 20:21-23</th>
<th>Acts 1:4-8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Authority</td>
<td>all authority</td>
<td>-----</td>
<td>it is written</td>
<td>as the Father</td>
<td>Father . . . by</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>sent me</td>
<td>his authority</td>
</tr>
<tr>
<td>Activity</td>
<td>make disciples</td>
<td>preach the</td>
<td>repentance/be</td>
<td>forgive/ retain</td>
<td>be my</td>
</tr>
<tr>
<td></td>
<td></td>
<td>gospel</td>
<td>proclaimed</td>
<td>sins</td>
<td>witnesses</td>
</tr>
<tr>
<td>Scope</td>
<td>all the nations</td>
<td>all creation</td>
<td>all the nations</td>
<td>any</td>
<td>remotest part of the earth</td>
</tr>
<tr>
<td>Means</td>
<td>baptizing/ teaching</td>
<td>be baptized</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
</tr>
<tr>
<td>Reassurance</td>
<td>with you always</td>
<td>signs will accompany</td>
<td>promise of my Father</td>
<td>receive the Holy Spirit</td>
<td>baptized with the Holy Spirit</td>
</tr>
</tbody>
</table>

**A Summary Conclusion**

More than any other text in the Bible, Matthew’s ‘Great Commission’ has been used by the Protestant missionary movement to inspire and shape its outreach to people across the globe. This important text has often been lifted out of its context and has been subject to either limited or wrong understandings.

The Great Commission is linked to its immediate context through the introductory verse in 28:16. While the disciples positively respond to the report of the women by going to the mountain in Galilee in order to receive the great commission from Jesus, some of the disciples
doubted as a result of the soldiers commission. Hence Matt. 28 contains not one, but three commissions from the women, the guards and the final one to the disciples.

In connection with the rest of Matthew, the gospel is constructed in order to give meaning to the major terms found in the commission itself through the stories and teachings which precedes it. In order to interpret the commission (the part) it must be understood in light of Matthew’s gospel (the whole) and vice-a-versa.

The whole not only includes Matthew but also the rest of the New Testament and the Old Testament as well. Blauw has shown that God’s universal concern for the nations is shown by both the covenants and the Great Commission. They all contain the same three elements of preamble, demand and promise. Lastly, while the other commissions in the New Testament share some common elements with Matt. 28:16-20, they also give different emphasis dependent on the overall aim of the book. The next chapter looks at how Matthew establishes the important claim of Jesus’ universal authority through His genealogy, birth, life, death and resurrection.